

## PURPOSE

The purpose of this program is to discuss strategies in the care of hip patients from the young to the elderly.

## OBJECTIVES

1. Examine the perihospital care of the patient who sustains a hip fracture.
2. Discuss strategies to decrease the need for blood transfusions through pre-operative anemia management.
3. Describe delirium and those patients at risk for delirium. Identify non-pharmacologic and pharmacologic strategies for the treatment of delirium.
4. Examine the issue of facility placement and other discharge planning needs related to developing a post-operative plan of care.
5. Discuss the advanced practice nursing resources available in the client's home that will facilitate transition of care from hospital to home.
6. Describe the most current drug therapy considerations for the treatment of osteoporosis.
7. Compare the infection control practices in your setting against the best practice algorithm.
8. Identify the most likely causes of hip pain based on age and presenting symptoms in children.

### Planning Committee:

**Hawkeye Chapter #149, NAON** -- Judy Swafford, RN; Martha Blondin, RN; Melody Machula, RN; Dawn Cook, RN; Maria Miller, RN; Mary Nace, RN; Carol Callaghan, RN; Jenan Ellis, RN; and Elisia Heidt-Penrod, RN

## Are You HIP? Strategies in Orthopaedic Patient Management Hospital to Home

**Tuesday, April 10, 2012**

Holiday Inn Hotel & Conference Center, 1220 1<sup>st</sup> Avenue, Coralville, IA  
(North at I-80 exit 242; adjacent to Hampton Inn)

Intended Audience: Licensed Nurses

7:30 am	Registration/Exhibits
7:55	Welcome/Introductions
8:00	<b>Hip Fracture Management in the Elderly</b> – M. Karam
9:00	<b>Anemia Management</b> – A. Avdić
9:30	Break/ Exhibits
9:50	<b>Post Operative Delirium</b> – V. Kijewski
10:50	<b>Developing a Post-Operative Plan of Care for the Elderly</b> – B. Stumpf
11:30	<b>Nurse Practitioner Services to Augment Transition to Home</b> – J. Prater
12:00 pm	Lunch/Exhibits
1:00	<b>Osteoporosis Medication Update</b> - K. Schleich
1:45	<b>Infection Control</b> - L. Herwaldt
2:30	Dessert Break/Exhibits
2:50	<b>Pediatric Hip Issues</b> – F. Dietz
3:50	Evaluation and CEU recording
4:00	Adjourn

*Topics and/or speakers are subject to change in case of an unavoidable circumstance.*

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**Nursing Credits: 0.75 CEUs** will be granted by UI Hospitals and Clinics Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit.

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Visit our web site at <http://www.uihealthcare.org/NursingContinuingEducation> and download program information and registration forms or request program brochures.

The UI Hospitals and Clinics Department of Nursing's continuing education programs are developed under the supervision of Lou Ann Montgomery, PhD, RN-BC; Director, Nursing Quality, Professional Development and Informatics.

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at 319-356-4304.

## FACULTY

*University of Iowa Hospitals and Clinics,  
UI Carver College of Medicine and UI*

**Matthew D. Karam, MD**, Clinical Assistant Professor, Department of Orthopaedics and Rehabilitation

**Aldijana Avdić, RN, BSN**, Blood Management Coordinator, Office of Clinical Quality, Safety, and Performance Improvement

**Vicki J. Kijewski, MD**, Clinical Associate Professor, Departments of Psychiatry and Internal Medicine

**Brenda Stumpf, LMSW**, Department of Social Services

**Kevin T. Schleich, Pharm D.**; Ambulatory Care Pharmacy Resident, Department of Pharmaceutical Care

**Frederick R. Dietz, MD**, Professor, Pediatric Orthopaedics, Department of Orthopaedics and Rehabilitation

**Loreen A. Herwaldt, MD**, Professor of Medicine and Epidemiology, Hospital Epidemiologist

### Guest Faculty

**N. Jane Prater, MSN, RN, ARNP**, Lecturer and Housecalls Faculty Practice Coordinator, UI College of Nursing



### Acknowledgements

The UIHC Department of Nursing would like to thank the education committee of the Hawkeye Chapter #149, National Association of Orthopaedic Nurses, for the development of this program.

The NAON chapter has invited vendors to exhibit during the conference. A complete listing of exhibitors will be included in the syllabus.

**Are You HIP? Strategies in Orthopaedic Patient  
Management Hospital to Home**  
Tuesday, April 10, 2012  
Registration Form

(Please Print)

**Personal Identifier:**

Birth Month/Day    M M / D D /    Last 4 digits of SSN  
Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

\_\_\_\_\_  
City/State/Zip Code

Home Phone Number: \_\_\_\_\_

Nursing License Number: \_\_\_\_\_

Employer: \_\_\_\_\_

Employer Address: \_\_\_\_\_

(If UIHC, provide Division/Unit/Campus Address)

\_\_\_\_\_  
City/State/Zip Code

Work Phone Number: \_\_\_\_\_

Position Title: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

\* The UI requests this information for the sole purpose of processing your registration.

**NURSING CREDIT: 0.75 CEUs (1 CEU = 10 contact hours)**

**FEE: \$70; \$60 if postmarked by March 19, 2012**

**Make Check Payable To: UI Hospitals & Clinics**

**Mail Form & Fee To:**

**Karen K. Marek, Conference Coordinator  
UI Hospitals & Clinics Department of Nursing  
W431 GH, 200 Hawkins Drive  
Iowa City, IA 52242-1009**

Send future brochures to my e-mail address  
**Confirmation letters will not be mailed;  
receipts and maps provided upon request only.**

**General Information**

**Fee: \$70; \$60 if postmarked by registration  
deadline of March 19, 2012**

The registration fee covers the cost of record keeping expenses, program materials, faculty expenses, CEU recording, breaks and the noon luncheon.

**Mail to:** Karen Marek, Conference Coordinator,  
UI Hospitals & Clinics Department of Nursing,  
200 Hawkins Dr, Iowa City, IA 52242

**Refund:** Full refund if notification received on or  
before **April 2, 2012.**

**Hotel:** Holiday Inn Hotel and Conference Center,  
1220 1<sup>st</sup> Avenue, Coralville (north at exit 242; adjacent  
to Hampton Inn)

**Room Reservations:** Call the Holiday Inn direct at  
1-319-351-5049 by 3/9/2012; ask for the *Ortho/NAON*  
*Conference* block.

Room temperatures fluctuate; dress accordingly.

**CE Offerings for 2012  
sponsored by UI Hospitals & Clinics Department of Nursing:**

Mar 24: Perianesthesia  
Mar 27: Surgical Nursing  
April 3-4: Scofield Advanced Oncology Nursing  
Apr 10: Orthopaedic Nursing (with Hawkeye Chapter #149 NAON)  
May 3-4: National Evidence Based Practice  
Sept 18-19: Neuroscience Nursing  
Sept 27: GI Nursing  
Oct 2: Women's Health  
Oct 3: Obstetrical Nursing  
Oct 4: Neonatal Update  
Oct 5: Pediatric Update  
Oct 25: Med Pysch Nursing

**More Information:** Call 319-356-4304 or e-mail  
becky-hurt@uiowa.edu

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-4304.

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The University of Iowa Hospitals and Clinics  
Department of Nursing, 200 Hawkins Drive  
Iowa City, IA 52242-1009

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Patient Management Hospital to Home  
Tuesday, April 10, 2012**



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in cooperation with



The National Association of  
Orthopaedic Nurses  
Hawkeye Chapter #149