

*Greetings from the
CAT Chair*

Greetings from the Chapter Advisory Team Chair

National Office Update

Dear Chapter Presidents,

Education Updates

In January, most people make New Year's resolutions but quickly forget about them in a week or two. I would rather think of them as goals for the year. They can be personal goals like exercise more or do more random acts of kindness. You could make work goals like learn at least one new thing every day or smile even when things are falling apart. Also there are NAON goals for the year. You might have seen that one coming. :) There are important things that have to be done between now and April 1. The chapter should have elections, e-mail the annual reports, e-mail the IRS e-card. If you have any questions, please contact your CAT representative. If you haven't heard from your representative or don't know who they are contact Laura Quinze or me and we will be glad to help you keep up with your goals for the year!

*Annual Report
Information*

*NAON Mall - Congress
2010*

*Each One Reach One
Membership Challenge*

Nancy Morris RN, ONC
CAT Chair

*NAON Award
Information*

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NATIONAL OFFICE UPDATE

- Tip: With leadership changes happening in your Chapter annually, it's recommended that you set up a free e-mail account dedicated strictly to your Chapter. Some of the more common web sites to do this on are: Yahoo, Hotmail, Gmail, and MSN. If your Chapter has an e-mail address like this, let me know so that your Chapter mailings and important information will be sent there – insuring that the right people are getting all the information.
- Look for your Executive Board Nominees and their position statements on NAON's Web site at: www.orthonurse.org. Cast your votes for leadership.
- **Reminder:** Chapter reimbursement rate is \$6 per Chapter member starting in 2007. Please budget accordingly and feel free to contact your CAT Representative or Laura Quinze with any questions.
- All **annual reports** are due to the National Office and your CAT representative by **April 1, 2010** in order for your Chapter to be eligible for its check. There will be no exception to this deadline, so submit your reports early to avoid a time crunch later! Reports must be submitted electronically and can be downloaded from: <http://www.orthonurse.org> > Chapters > Chapter Resources > Annual Chapter Report Forms or requested from Laura via e-mail at lquinze@smithbucklin.com.
- Registration for Congress is now open! To register [click here](#).
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Don't forget to book your room! Housing and Travel

NAON 30th Annual Congress

May 15-19, 2010

HOTEL INFORMATION

A block of rooms has been set aside for NAON attendees at a reduced rate at the Sheraton Seattle. The hotel is steps away from the Washington State Convention and Trade Center. Book your rooms now at NAON's headquarter hotel, The Sheraton Seattle, by calling 206.621.9000.

Sheraton Seattle
1400 6th Avenue
Seattle, WA 98101
Phone: 206.621.9000
Room Rate: \$199.00 per night (excluding taxes)

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EDUCATION UPDATE

AAOS

The 2010 Nursing and Allied Health Program is fast approaching. Registration information can be found at www.orthonurse.org. The reduced registration fees are valid through January 27, 2010 so register now!

Congress

Registration for the 30th Annual NAON Congress "Memories & Momentum" is now open (www.orthonurse.org). Take advantage of early registration fees by April 14, 2010.

Approver Unit

Paper applications will no longer be accepted by the Approver Unit after January 31, 2010 as NAON continues its efforts to "go green". Updates are being made currently to the online application process and forms to enhance user friendliness.

Online Courses

There are three online contact hour (CH) courses available via the NAON Online Store. Titles include: "Pain and VTE Prevention and Treatment" (2.5 CH), "Venous Thromboembolism (VTE) Prevention and Treatment" (2.0 CH), and the "Orthopaedic Nursing Review Course" (7.0 CH or 1.0 CH for each segment).

Practice Points: Postoperative Nausea & Vomiting, Postoperative Delirium

These new evidence-based resources can be used to address postoperative delirium and postoperative nausea and vomiting. Included are definitions, characteristics, risk factors, causes, prevention methods, assessment, and interventions. These Practice Points are beneficial to those caring for patients with postoperative delirium or postoperative nausea and vomiting. After purchase, the information is downloadable by logging into the NAON website in an 8.5 X 11 inch format.

SIG changes

Between now and June 30, 2010, all of the NAON Special Interest Group (SIGs) listserves will be converted to a Discussion Forum format. The SIG Discussion Forums are a great way to discuss practice issues and network with nurse colleagues practicing, or interested in, the same specialty. Sharing documents with your peers is easy by using the attachment feature with these new discussion forums. You also have the ability to read what any group is talking about and not just the SIG groups you for which you signed up. This opens the door to a greater level of communication among colleagues. The transition of the SIG listserves to Discussion Forums will take place over the first half of 2010 in three different phases:

Phase 1 – January 30, 2010 - Staff Education, Case Management, RN First Assistant, Spine and Sports Medicine SIGs

Phase 2 – March 30, 2010 – Pediatrics, Operating Room, Trauma, Patient Education and Gerontology SIGs

Phase 3 – June 30, 2010 - Advanced Practice, Management, Total Joint Replacement,

Osteoporosis and Office Practice SIGs

Note that after each date listed above, the current SIG listserves will no longer be accessible. Remember, to participate in all of the NAON Discussion Forums, you must be a NAON member and logged in as a NAON member. You will only have access to a limited number of the Discussion Forums if you are not a NAON member. NAON can help familiarize you with the Discussion Forum process.

Getting started:

- To join, go to www.orthonurse.org
- Click on NAON Resources > Discussion Forums
- Make sure you are logged in with your Username & Password
- Accept the disclaimer and proceed

Once you are logged in, you can

- read what any group is talking about
- jump in on the conversations
- set up an alert for when a new topic starts in one of the forums
- set up an RSS feed to the discussion for your GoogleReader or other aggregator

Click here to download the “How To” document featuring step by step instructions on using the Discussion Forums. This document also will be available for download on the **Discussion Forum Web page**. Questions? Contact the NAON National Office at naon@smithbucklin.com or 800.289.NAON (6266).

The Orthopaedic Nursing Self-Assessment CD

The NAON Orthopaedic Nursing Self Assessment CD has been revised, and is available for purchase. The CD provides case studies, nearly 600 questions and answers about degenerative joint, inflammatory, metabolic bone, neuromuscular/pediatric/congenital, musculoskeletal tumors, sports, and orthopaedic trauma diseases and disorders. Take the practice exam an unlimited number of times. Take the final, one-time exam for 9.3 contact hours. Order your copy from the NAON Online Store via www.orthonurse.org.

THR & TKR Patient Education Manuals

Review and download the new NAON Total Hip and Total Knee Patient Education Manuals (<http://bit.ly/5Fq8HM>). These manuals present information that can be shared with individual or groups of patients. Content is meant to be thorough, yet generic enough to represent clinical practice from everywhere. Each manual is downloadable in its entirety or by individual segment. There is space throughout the documents to individualize them according to specific patient needs. Along with much educational information, highlights include frequently asked questions, packing checklist, exercise and precaution photos and descriptions, activity goals, and worksheet appendices. As you use the manuals to educate your patients, please make note of suggested revisions and forward them at any time to janfoecke@gmail.com. All suggestions will be considered at the time of product revision.

Research & Practice

The Research Unit is completing revisions to the current seven NAON Position Statements. The revised statements will be applied to the NAON website soon. Four new NAON Position Statements will be developed in 2010 about the following topics: elder orthopaedic care, osteoporosis, promoting musculoskeletal health in children, and safe patient handling. The Research Unit will also be working on final review of newly developed NAON Clinical Practice Guidelines, development of an online research journal club, authorship of a NAON News research column, and postings for NAON's Twitter account.

The Practice Unit is completing revisions to the following NAON Clinical Practice Guidelines topics: acute postoperative pain management, femoral nerve blocks, prevention of surgical site infection, and thromboembolic disease. Four new Clinical Practice Guideline topics for development in 2010 will be named soon. Additional initiatives for 2010 will be identified later this month

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ANNUAL REPORT INFORMATION

Reports Due April 1st!

Included here is a "**How To**" **guide** for completing the annual reports for your Chapter's status and health in 2010. All forms are due to the National Office (Iguinze@smithbucklin.com) and your CAT Representative no later than April 1, 2010. Forms recieved after this date will not be eligible for reimbursement, even if all other requirements are met.

IRS Reporting in 2010

Reminder: Due to changes in the IRS reporting requirements for 2008 for activity in 2007, all tax-exempt organizations are required to complete Form 990. Though the Form 990 **is not included** here, completing both tabs of the Financial Report will provide all the data you will need to complete the 990. All Chapters must complete this form in order to maintain tax-exempt status. No Chapter will be covered under a NAON group exemption. For additional information, please visit the [Internal Revenue Service Web site](#).

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NAON MALL - CONGRESS 2010

Interested in participating in the NAON Mall this year in Seattle? [Click here](#) for a packet with information and the necessary forms. Any questions? Contact Elizabeth Klostermann at EKlostermann@smithbucklin.com

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EACH ONE REACH ONE MEMBERSHIP CHALLENGE

Below is the current tracking for new members for chapters.

015- Chicago Metropolitan	1
024- Northeastern Oklahoma	1
029- Minnesota - Twin Cities	1
031- NAON of Massachusetts	1
037- San Diego	1
062- Denver	1
076- Broward	1
151 Southern New Hampshire	1

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NOMINATIONS BEING ACCEPTED FOR 2010 NAON HONORS

The NAON Executive Board is proud to announce we are currently accepting nominations for the 2010 Outstanding Orthopaedic Nurse Practice Award and the

Clara A. Donahoo Memorial Lectureship Award .

These prestigious awards are designed to recognize and reward members for their hard work and dedication to the nursing field as well as to NAON. **Click here** to go to the Awards page for information, criteria and requirements for these two awards.

Nominations for both the 2010 Outstanding Orthopaedic Nurse Practice Award and the Clara A. Donahoo Memorial Lectureship Award are due to the NAON National Office by April 1, 2010 .

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